Physiological Needs

1. Food – Humans need food to obtain energy and protein to sustain life and keep operating the body
2. Water – Humans are made up of water, more than 70% which proves that water is a crude and essential part of humans
3. Air – Without air humans will die faster than any other on this list.
4. Sunlight - Sunlight is also essential because when it is contacted with the skin it produces vitamin D. Also without sunlight plants will dies and we will not have any vegetables to consume.
5. Shelter – Shelter provides protection however it is a physiological need because it protects the life of a being.
6. Heat – Heat is important because without it body parts will freeze and eventually cause death without treatment.

Safety

1. Money - Money gives a person a sense of security because the person can buy objects with it and protect him/herself
2. Car – Car provides protection because it is strong and it protects the people inside.
3. Support – Support is very important in a sense of security because when someone knows they have support it feels good.

Love / Belonging

1. Love – Love is the title of the third most important section
2. Friendship – Friendship is a form of love and a human needs people to talk to and feel close to.
3. Acceptance – Acceptance between people leads to friendship and love.
4. Procreation – Love leads to having children

Esteem

1. Self Respect – Self respect is also self esteem. Knowing yourself and having respect is very important for a person both socially and physically. Ie drugs, righteous friends, and such

Self-Actualization

1. Realizing Potential – When someone realizes potential they know their intelligence and they can pursue a profession.

Car can also fit in esteem because these days everyone gets respect for the price of their cars.

Shelter can also fit in esteem because if the shelter is a house and very expensive others will pay respect to that individual.

Money can also be esteem because money equals power.

Love can also be physiological because sex is a basic physical need for a human being.

Three Additional Needs

1. House – House as mentioned above can be safety however in a sense of social class if the house is expensive then people will pay respect.
2. Education can be crude and basic for safety and for everyday needs, however if the education becomes prestigious then it can also be esteem.
3. Clothing – Basic physiological need for the temperature however with the makers of the clothes the more expensive the more respect.